

SECTION VI
PROFORMA FOR HEALTH CHECK UP

Date:

Name

Age

Sex: M/F

Brief clinical history, if any:

A: Examination

Physical

Systemic

Investigations:

Haemogram

Hb%

TLC

DLC

Peripheral Smear

Blood Sugar

F

P.P

Lipid Profile

Total Cholesterol

HDL Cholesterol

LDL Cholesterol

VLDL Cholesterol

Triglyceride

Liver Function Test

- Total Bilirubin
- Direct Bilirubin
- Indirect Bilirubin
- SGOT
- SGPT
- ALK Phosphatase

Kidney Function Test

- Urea
- Creatinine
- Uric Acid
- Electrolytes

- Na+
- K
- Calcium
- Inorganic Phosphates

Cardiac Profile

- CPK
- CK-MB
- LDH
- SGOT

Urine

- Routine
- Sugar
- Albumin
- Microscopic

E.C.G

+X-ray Chest

Ultra Sound Abdomen

Any other Investigation

Advise

B: Medical Report of the Officer

1.	Haemoglobin level of the officer	Normal/Low
2.	Blood Sugar level	Satisfactory/Normal/High/Low
3.	Cholesterol level of the officer	Normal/High/Low
4.	Liver functioning	Satisfactory/normal/dysfunctioning
5.	Kidney Status	Normal/Both-one kidney not functional optimally
6.	Cardiac Status	Normal/enlarged/blocked/not normal

C: Summary of Medical Report (copy to be attached to PAR)

1.	Overall Health of the officer	
2.	Any other remarks based on the health medical check up of the officer	
3.	Health profile grading	

Date

Signature of Medical Authority
Designation